

THE BUZZ

Burnaby Neighbourhood House www.burnabynh.ca

Fall-2014

Burnaby Neighbourhood House: 4460 Beresford Street, Burnaby, BC V5H OB8 Phone: 604-431-0400 Fax: 604-431-9499

Celebrating the 15 year Journey – Home Sweet Home

By Antonia Beck, Executive Director

After a 15 year journey we have realized our dream of a Home for the Burnaby Neighbourhood House. In fact, we not only have a new home in South but have established a second home for North Burnaby neighbours.

We had no problem filling our new 8000 square foot home with staff, volunteers, and programs and we are truly enjoying the space. We welcome our partners who have co-located with us: the YMCA Childcare Resource and Referral; the Centre for Ability; and the National Congress of Black Women. Together, we will provide a continuum of supports for people in Burnaby.

The Neighbourhood House continues to play an important role of welcoming, supporting and connecting neighbours and involving residents in helping to make Burnaby a great place to live. We have worked with many funders and partner organizations to address social needs and create a continuum of supportive programs for people of all ages and diverse backgrounds.

Many of you have been part of this journey in some way over the years. We appreciate your help in volunteering, building and furnishing our Houses, and for supporting us to develop programs that truly make a difference in the lives of people.

I would like to thank each of you who have volunteered in some way, helped raise money, funded our operations of program, or simply supported our many fundraising efforts such as our premiere event the Diamond Ball, our past car rallies, pub nights, raffle tickets, bottle drives or just took out your cheque book and made a general donation. This fundraising is so important to our day to day operations and every bit of it has made and will continue to make a difference.

A special thanks to all of you, but, especially to the City of Burnaby – Mayor and Council for the beautiful gift to our community of a space to call home. The city of Burnaby has provided us with stability and security by providing us with this home. Our new space is just what we needed and will open the doors to so many more opportunities to work strategically within our community and partners to continue to address social needs and make a difference.

Our personal thanks goes out to the Rotary Club of Burnaby Metrotown who have supported our vision for the past 12 twelve years and helped raise over \$50,000 for our relocation. For this reason, we are pleased to officially declare our two Banquet Halls with the name of Rotary Banquet Halls.

And remembering our dear friend Gladys Brundrett who served on our board right up until she lost her battle with cancer several years ago. Gladys was an important inspiration in the development of the Neighbourhood House in our early years. So, to honor and remember Gladys, I am proud to declare that we will call our seniors and youth lounge the Gladys Brundrett Seniors and Youth Lounge.

I invite you to drop by our new home and say hello. Whether you have a question about a resource, want to join one of our programs, get involved as a volunteer or just drop by for a cup of coffee and chat, the Neighbourhood House is accessible and ready to greet you with a warm welcome.

Attention All Members
Burnaby Neighbourhood House Society

Annual General Meeting & Volunteer Recognition Night

Thur Nov. 20, 2014 6pm (Doors open 5:30pm)

Burnaby Firefighters Club- 6515 Bonsor Avenue RSVP by e-mail: info@burnabynh.ca or call: 604-431-0400



Preschool and Childcare Programs are offered at the following locations:

- Gilpin Elementary School Call Nazanin Ashjai at (604) 298-5355, gilpin@burnabynh.ca
- Marlborough Elementary School: Call Judy Lee at (604) 434-1338, marlborough@burnabynh.ca
- Clinton Elementary School:
 Call Stasi Larson at (604) 435-1222,
 clinton@burnabynh.ca

After School Licensed Child Care Only:

BNH operates licensed child care all year for children kindergarten to grade 7.

- Maywood Neighbourhood Care:
 Call Terry Herrmann at (604) 431-0484, maywood@burnabynh.ca
- Stride Avenue Neighbourhood Care:
 Call Scott Burgess at (604) 527-0444 stride@burgabynb.ca
- Call Scott Burgess at (604) 527-0444, stride@burnabynh.ca
 Douglas Road Neighbourhood Care:
- Call Naaz Samji at (604) 298-7094, douglas@burnabynh.ca
 Lochdale Community School:
- Call Paul Lam at (604) 421-0401, lochdale@burnabynh.ca 12th Avenue Neighbourhood Care:
- Call Clarizz Calinisan at (604) 515-1900, twelfth@burnabynh.ca
 Suncrest Neighbourhood Care:
 Call Kathy Bobicki at (604) 431-0400, suncrest@burnabynh.ca

Days/Time: Mon-Fri 7-9am and 3-6pm, **Cost:** \$393-430 Come subsidies are available. For more information contact the Provincial Government Child Care Branch at 1-888-338-6622.

Winter Break Daycamp 2014

Burnaby Neighbourhood House will be operating winter break daycamp from Dec. 22, 2014 to Jan. 2, 2015 from 9:00am 3:00pm. Registration begins November 24th, 2014

Locations: Clinton, Douglas Road, Gilpin, Lochdale, Marlborough, Maywood, Stride Ave. **Cost:** \$25 per day, **Age:** Grades 1-7

Activities: The children will take part in a variety of activities such as gym games, crafts, cooking, and field trips. For more information call Wana at (604) 431-0400.



BNH Community Hall Space Available For Rent

The Community Hall is located at 5024 Rumble Street. Fees:

\$15/hour for community groups/non-profits, any day.

\$25/hour for general rentals on weekdays, and \$40/hour on weekends. The main space in the Hall is 1056 sq. ft. plus a full kitchen, bathrooms (one with disabled access). There is a stage, as well as 15 tables that each seat 6-8 people comfortably and around 120 chairs.

Viewings can be arranged through rentals@burnabynh.ca with Kayvon.

North Burnaby Neighbourhood House

Drop by and check out our new house:

4463 Hastings Street, Burnaby

Family drop in, community information, digital café,

volunteer opportunities.

Call Janice at 604-294-5444, or email

janiceh@ burnabynh.ca

Diversity Training for Businesses

Safe Harbour Program is an initiative of Affiliation of Multicultural Societies and Service Agencies of BC, that





aims to create more inclusive environments that welcome diversity.

As a Safe Harbour Community Organizer for Burnaby, we offer free orientation sessions and diversity training for businesses and organizations. To register for a Safe Harbour training please contact Branka at 604-431-0400, or e-mail: brankav@burnabynh.ca

Neighbourhood House Small Grants

Thanks to the generous funding from the Vancouver Foundation 99 Neighbourhood Small Grants have been completed in 2014. The projects included: art and photography workshops, cooking for teens, drug awareness workshops, youth soccer, neighbourhood parties and picnics, community cleanups, and many more.

For more information about projects and ways to be involved, please call Mackenzie at 604-431-0400, or e-mail: mackenzied@burnabynh.ca

Volunteers Needed for Gift Wrapping

BNH is looking for volunteers to supervise shifts at our Christmas Wrapping booth at Metropolis at Metrotown from *Nov. 28-Dec. 24*. The Christmas Wrapping booth is a fundraiser for both youth leadership and seniors programs and will help support the development of leadership skills in our community.



Volunteers will work in our booth at Metrotown Mall once a week for shift of 3 hours on regular basis for 4 weeks. If you are interested contact Abdul at 604-431-0400, or email giftwrap@burnabynh.ca

For more information please visit our website at www.burnabynh.ca

Help Raise Funds for Youth and seniors!

Programs & Services

Storefront Drop-in

Information and referral service is available at the Neighbourhood House. *Mon- Fri 9:00am-5:00pm.*

Preschool Program

The Preschool Program is a licensed learn through play program for children 2.5-5 years old. We offer 4 hour (9:30am-1:30pm) and 2 hour (9:30-11:30am, or 12-2pm) classes at the following locations:

Clinton Preschool:

5858 Clinton St. (Tue and Thu)

Marlborough Preschool:

6060A Marlborough Ave. (Mon, Wed, Fri)

Gilpin Preschool:

5490 Eglinton St. (Mon-Fri)

For inquiries contact Annette at 604-431-0400, or preschool@burnabynh.ca

Youth Leadership

We offer 3 levels of Youth Leadership:

Foundations in Leadership- A leadership program designed for younger youth in grades 8 and 9. On-going registration is available for this program.

Leadership 1- A community leadership training program developed for local high school youth that focuses on skill development working with children. Leadership 1 is offered September to April and January to August each year.

Leadership 2- The focus of this level is on being a *change agent* within the community by project planning and fundraising for the immediate and long-term needs of the community. Leadership 2 starts October and runs through to May each year.

Call Marleen at 604-431-0400 for more info.

Family Place Drop-in Program

We offer a number of Family Drop-in programs throughout the community for parents/ caregivers with children age 0-5. Family dropins provide a variety of opportunities for families to socialize, to have a safe and fun place to play and learn and to get parenting information. Call Maheen at 604-431-0400 for more info.

South House Family Place 4460 Beresford St.

Mon, Tue, Thu 9:30am-11:30am.

Brentwood Family Place- 4430 Halifax Street

Wed and Fri 9:30-11:30am

Clinton Family Place- 5858 Clinton St.

Mon and Wed 9:30-11:30am

Neighbourhood Outreach

Family Outreach workers are available to support parents with young children (under 5) who need help meeting other parents and making community

connections to local family resource programs. Call 604-431-0400 and ask for:

Margaret (North Burnaby)
Maggie (South Burnaby)

Community Kitchens

Tue and Wed 10:30am-1:00pm.

The Community Kitchen is a weekly program at BNH South and Edmonds Neighbourhood Resource Centre for families and individuals with limited income to come together and prepare healthy meals to take home. We always use everyone's favourite family recipes and include

Contact Lynn at 604-431-0400

many kid-friendly foods.

ESL Classes

Mon and Thur 1-3pm. Volunteer-led ESL classes are available throughout the year for beginner students.

Free Law Clinics:

Tue 12:15pm - 2:15pm

Provided to individuals who cannot access help from Legal Aid and who are low income and cannot afford a lawyer. Half hour appointments can be booked with a qualified volunteer lawyer who will provide step by step advice for dispute resolution. Lawyers do not appear in court, but can assist clients in court preparation.

Call **604-878-7400** to book an appointment. Provided in partnership with the Western Canada Society to Access Justice.

Income Tax Clinic

Volunteers are available year-round to assist individuals with their income tax returns. Service is offered to those with limited income and we request a \$5 donation per return.

Seniors Together Program

A senior led group that focuses on welcoming and involving seniors in a variety of different activities. Wednesdays from 12:00-3:00pm

Activities: Games, conversation, etc.

Beginners ESL: 1:00-2:00pm. Fridays from 9:30am-1:00pm. Beginners ESL: 9:30-10:30am.

Activities: Info sessions/guest speakers.

Light lunch: 10:30am-1:00pm

For more information contact Kathryn at 604-431-0400, or seniors@burnabynh.ca

Seniors Outreach Ambassadors Program

Seniors Outreach support is available to help seniors to make community connections to various resource programs.

Trained volunteer ambassadors assist in supporting vulnerable, low-income, at-risk isolated seniors to access resources and make connections. For more information contact Elizabeth at 604 431-0400, or email: seniorsoutreach@burnabynh.ca

Community Adult Literacy Program (CALP)

The CALP is a free program offered in Burnaby for English speaking adults who face challenges in their reading and writing skills.

Trained volunteer tutors will support them in their learning. Tutoring sessions take place once a week. For more information contact:

Rajeeta at 604-431-0400, or literacy@burnabynh.ca

Digital Cafe

Wed 3-5pm. With the help of volunteer instructors learn basic computer programs to learn how to surf the internet, create email account, and type simple texts.

Computers are available for public use: Weekdays 3-5pm (call in advance to confirm).

Sharing Cultures Community Dinners

A great place to relax, meet your neighbours and learn about different cultures. Cost is \$3 for adults, \$1 for children. Enjoy food, children's activities and entertainment for all.

Family Nights at the House

Monthly dinner for families who are new to the neighbourhood. Join us for dinner and games, get to know your neighbours, connect with staff and find out what other programs are offered in Burnaby. Registration is required. For more info and registrations Call Maheen 604-431-0400.

Community Dinners

Rotaract and BNH are hosting a community dinner one a month starting Nov 30. For more information or to reserve your seat call the Neighbourhood House. Tickets for these dinners are: \$3 for adults and \$1 for children.

Burnaby Neighbourhood House

Board of Directors: ChairSue Cheung Vice ChairJennifer Short Secretary.....Lenka Markova Member at Large.....Ernie Kashima Member at Large.....Kathy Louie Member at Large......Herman Quon Member at Large......Dekker Fraser Member at Large......Cheryl Reesor Member at Large......David Gates Management Team: Executive Director......Antonia Beck Program Director......Kimberly Barwich Program DirectorSara Shaw Quality Assurance DirectorMackenzie Dean Office ManagerLisa Falconbridge Finance Manager.....Lillian Qiao Childcare Program Manager......Wana Sei Family Programs ManagerMaheen Khorram





Help children and youth in Burnaby by donating new or "gently" used coats. <u>Drop off at:</u>

Burnaby Neighbourhood House-South 4460 Beresford St. (9:00am-5pm)

Burnaby Neighbourhood House-North 4463 Hastings St. (9:30am-4:30pm)

Donations will be accepted till end of December 2014

We would like to acknowledge our funders for their support to BNH programs and services

Alexandra Foundation, AMSSA, BC Gaming and Enforcement Branch, Burnaby Firefighters Charitable Society, Burnaby Host Lions Club, Burnaby Orthopaedic and Mastectomy, Chevron Canada, Destination Toyota, G & F Financial Group, Human Resources Development Canada, Intracorp, Investors Group, Lululemon – Metrotown Metropolis, Metropolis at Metrotown, Metrotown Mazda, Ministry for Children and Family Development, Ministry of Advanced Education and Labour Market Development, New Horizons, New York Painting, Nando's Burnaby, Pacific Arbour Retirement, Prime Image Technologies, RBC Foundation, Rotary Club of Burnaby, Rotary Club of Burnaby Metrotown, Scotiabank, TD Bank, The Beedie Foundation, The City of Burnaby, The Lohn Foundation, The Province Empty Stocking Fund, Trinity Global Support Foundation, Trio Diamond and Gold Jewellery, UBC, United Way of the Lower Mainland, Vancity, Vancouver Foundation, Vancouver Renfrew Lions Club.

Yes! I would like to support the Burnaby Neighbourhood House:
Please accept my donation of: \$15\$25\$50\$100Other
Name: Phone #:
Address:O Cheque enclosed O Mastercard O Visa
O Crieque ericiosed O Mastercard O Visa
Card #: Expiry Date:
Tax Receipts issued for donations over \$15