#### **Foundations of Leadership**

#### Grades 8 & 9

Foundations offers a strong base of theoretical and practical leadership skills. Youth spend time making connections, learning about our community while also doing volunteer work that supports Neighbourhood House programs and volunteering at other events around town. Youth are encouraged to come and check out a session anytime!

> Volunteer Hours: 100 From September to June: Wednesdays 3:45pm-6:00pm In July & August: Twice a week, times & days TBA Cost: \$15/month (Subsidies available)



July & August: Twice a week, for ~6 weeks, dates: TBA For youth going into grades 8, 9 & 10 (summer only)

**Cost:** \$100 (Subsidies available)



### Leadership 1

#### Grades 10 & 11

This group offers youth the skills to work with children in recreational settings; planning games and activities for kids and being strong mentors. Youth are trained and then volunteer in our School Aged Child Care licensed facilities. This program is also a way for youth to complete the required 'Career Prep' hours for High School graduation.

> Volunteer Hours: 90 Three Sessions: Oct-Apr / Jan-Jun / Mar-Aug

Training can vary depending on the season but generally the trainings are Tuesdays from 4:00-6:00pm ~30 hours of training (including a Saturday training session)

**Cost:** \$75 (Subsidies available)

## Leadership 2

#### Grades 11 & 12

Leadership 2 emphasizes leadership through fundraising, event planning, organizing and management. The learning structure will be similar to that of a self-governed committee with guidance and supervision from our trained staff. It is our goal to cultivate leadership and employment readiness skills which are transferable to the many areas of the youth's lives. Fundraisers and events are planned by the group throughout the year.

> Volunteer Hours: 150 Program runs from September-April Mondays 4:00-6:00pm



#### All Leadership Programs include

Employment opportunities
Volunteer requirements for school & graduation
References for outside employment
Supporting letters and documents for scholarships

#### **Community Youth Leadership** in North Burnaby

#### Grades 8 to 11

CYL has been created to develop the capacity and confidence in young people, equipping them with life-skills to build an understanding of their personal leadership qualities while giving them opportunities to be engaged in their community and making a positive impact. This program includes workshops, training, team-building exercises, leadership skills & personal development and community engagement activities.

> Volunteer Hours: 25 per season Meets once a week, generally on Thursdays 4:00-6:00pm

> > September – December January –March April –June

**Cost:** \$15/month (Subsidies available)

Summer program TBA



# Just want to VOLUNTEER?

#### Youth Volunteer Squad

Throughout the year we have a number of events and opportunities for youth to volunteer in. Volunteering might be kids activities (i.e. face-painting, balloon twisting, crafts, etc) or helping with setup & clean-up of events. Our youth teams support community initiatives all over Burnaby and we would love to have you as part of our squad! We keep track of all hours for school scholarship and work references!

# For more information, contact:

- Marleen Eberding (South) youth@burnabynh.ca
- Stephanie Ng (North) youthnorth@burnabynh.ca



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# Youth Leadership



For Youth in Grades 8-12 in North and South Burnaby

# Youth Engaged in their Community!



Our Mission is to Make Neighbourhoods Better Places to Live