

THE BUZZ



Burnaby Neighbourhood House Monthly Newsletter

Summer - 2016

Asset Based Community Development- A Focus of Community Engagement

By Abdul Salehzai Coordinator of Volunteer Program

"Asset Based Community Development (ABCD) is a strategy for sustainable community-driven development. Beyond the mobilization of a particular community, ABCD is concerned with how to link micro-assets to the macro-environment. The appeal of ABCD lies in its premise that communities can drive the development process themselves by identifying and mobilizing existing, but often unrecognized assets, and thereby responding to and creating local economic opportunity."

"ABCD builds on the assets that are already found in the community and mobilizes individuals, associations, and institutions to come together to build on their assets—not concentrate on their needs. An extensive period of time is spent in identifying the assets of individuals, associations, and then institutions before they are mobilized to work together to build on the identified assets of all involved. Then the identified assets from an individual are matched with people or groups who have an interest or need in that asset. The key is to begin to use what is already in the community. In the past when a person had a need they went to their neighborhood for assistance. But this has shifted today to the belief that the neighbor does not have the skills to help them, therefore we must go to a professional for assistance." - The Asset-Based Community Development Institute (ABCD), Northwestern University.

Through its existence the Burnaby Neighbourhood House has been guided by ABCD to engage community and create a supportive environment where both professionals and average citizens have an opportunity to help those in need and building a sense of community. As a vibrant organization the Burnaby Neighbourhood House expresses the values of people who live in our community through facilitating the principles of sharing of assets that benefit of others. Examples could be considered in our programs such as Adult Literacy, Computer Café, ESL Classes, Income Tax Clinic, Multi-lingual Interpretation Service and more. Another role of the Burnaby Neighbourhood House is providing opportunities for social interaction of community residents. Through individual volunteer contribution as well as partnership with other organizations an array of social events and community gatherings takes place on regular basis. These events not only bring together long-term residents, but also connect newcomers to the community as a whole and to their neighbours in particular, thus playing an important role in broadening their social network. This is certainly the case within our Community Dinners, Sharing Cultures Events, Seniors Together Events, Summer BBQs, Street Parties, and Youth Events. Our staff and volunteers also play a crucial role in engaging our community through partnerships with other organizations in organizing events such as public consultations, community clean up events, multicultural festivals, city fairs, and many more, where residents of all ages, cultures, and abilities recognize that while there are many differences that separate us, a connection between us through our community engagement is a healthy and supportive factor in our lives.



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Contact Us:

Burnaby Neighbourhood House -South

Mon, Tue, Wed, Thu | 9:00am - 8:00pm
Fri | 9:00am - 5:00pm
Phone: (604) 431-0400
Fax: (604) 431-9499
Email: info@burnabynh.ca

Address:

100-4460 Beresford Street, Burnaby BC
V5H 0B8
www.burnabynh.ca
@SBurnabyNH

Burnaby Neighbourhood House - North

Mon, Tue, Wed, Thu | 9:30am - 4:30pm
Phone: 604-294-5444
Email: northinfo@burnabynh.ca

Address:

4463 Hastings St. Burnaby BC
V5C 2K1
@NorthBurnabyNH

Summer Daycamp

We offer 2 exciting programs from July 4-Aug12, 2016.

Summer Fun Clubs: for children currently in kindergarten to grade 3

Youth Adventures: for youth currently in grades 4 - 7

Participants will take part in a variety of activities every week such as; sports, arts & crafts, cooking & baking, science & thinking activities, out trips...

AND HAVING FUN!!!

Locations:

Southeast Hub: Stride Avenue Community School, Clinton Elementary School

Southwest Hub: Maywood Community School

Northeast Hub: Gilpin Elementary School, Douglas Road Elementary School

Cost:

Summer Fun Clubs : \$140/week (\$135 short week); Youth Adventures \$150/week (\$144 short week)

Some subsidies are available. For more information contact Burnaby Camping Bureau at (604) 299-5778, ext. 28

For more information visit www.burnabynh.ca



Volunteers Needed for Special Events Team

The Burnaby Neighbourhood House is looking for volunteers who are interested in being part of a Special Events Team. The team will be planning events and activities, alongside our staff, for the whole community. If you have a special skill that you can contribute to the team please contact us. We are also offering training in the following area's:

- How to plan, organize and deliver a event
- Face painting
- Making balloon animals

We also have special events planned like our Summer BBQ's, which take place on Wednesdays from July 6th to August 10th from 6-8pm.

If you are interested please contact Abdul Volunteer Program Coordinator at volunteer@burnabynh.ca, or call 604-431-0400

Volunteers Needed for "Immersive" Experience

The Burnaby Neighbourhood House (BNH) is looking for volunteers for the Immersive Experience "Lightroom" walk-through at Metropolis at Metrotown (Grand Court) from June 27th - September 5th 2016. The Immersive Experience is a fundraiser for various programs at the BNH. Volunteers will be responsible for opening/closing procedures, maintaining an enjoyable atmosphere while delivering key messages, line-up control, reporting any damaged/non-functioning displays, assisting customers with taking photos, providing contest information and answering basic mall inquiries/directions. Volunteers should try to have a good understanding of Burnaby Neighbourhood House programs and services.

To apply, please send a completed BNH Volunteer Application Form to metroevents@burnabynh.ca. Please also indicate if you are able to attend the following training sessions:

- At Burnaby Neighbourhood House (attend one):
June 21, 4 – 5PM, and 5:30 – 6:30PM, June 23, 5:30 – 6:30PM
- At the Immersive Experience Exhibit (attend one):
June 27, 1AM, and 4 PM.

Burnaby National Aboriginal Day Celebration!

Tuesday, June 21

Edmonds Community School, Gym and Outside (if weather permits)
7651 18th Ave, Burnaby

Join us for Burnaby's first ever National Aboriginal Day Celebration! June 21st is a special day to celebrate the unique heritage, diverse cultures and outstanding achievements of First Nations, Inuit and Métis peoples in Canada.

Everyone is welcome at this free, family-friendly event!

Afternoon Celebration

1:00 / Traditional Welcome

1:15 - 2:45 / Various kid's activities

Community Dinner and Celebration

5:15 / Traditional Welcome

5:45 / Performance by the Musqueam Nation Wolf Pack dance troupe!

6:15 - 7:15 / Food (tasty stew and bannock) is served until supplies run out. Arrive early to avoid disappointment!

7:15 / Closing Remarks

Drop In Kids Activities Offered!

Programs & Services

Family Place Drop-in Program

We offer four Family Drop-in programs for parents/caregivers with children age 0-5.

Family drop-ins provide a variety of opportunities for families to socialize, to have a safe and fun place to play and learn and to get parenting information.

Call Maheen at 604-431-0400 for more info.

South House Family Place: 4460 Beresford St.
Mon, Tue, Thu 9:30-am-11:30am.

Brentwood Family Place

4430 Halifax St. *Wed and Fri 9:30-11:30am*

North House Family Place: 4463 Hastings St.
Tue 10am-1pm

School-Aged Childcare Program

(Registration Starts in September)

Burnaby Neighbourhood House operates 9 licensed out-of-school childcare centers for children in Kindergarten-grade 7. We provide service to the following elementary schools: Maywood, Marlborough, Stride Avenue, Taylor Park, Douglas Road, Clinton, Glenwood, Nelson, Gilpin, Lochdale, 12th Avenue, Our Lady of Mercy and Suncrest.

Days/Time: Mon-Fri 7-9am and 3-6pm (7am-6pm on school break days)

Cost: \$420-445 (Depending on location)
For more information or to register call

604-431-0400 or contact by email:

Northeast Hub: Kathy at kathyb@burnabynh.ca

Southwest Hub: Scott at scottb@burnabynh.ca

Southeast Hub: Stasi at stasil@burnabynh.ca

Southeast Hub

- Stride Avenue Community School
- Clinton Elementary School
- Twelfth Ave Elementary School

Southwest Hub

- Suncrest Elementary School
- Maywood Community School
- Marlborough Community School

Northeast Hub

- Gilpin Elementary School
- Lochdale Community School
- Douglas Road Elementary School

Pre-school Program

(Starting in September)

The Preschool Program is a licensed learn through play program for children 2.5-5 years old.

Class Options: 2, 3 or 5 days

Times: 9:30am-1:30pm, 9:30-11:30am, or 12-2pm

Cost: \$110-\$550 (Depending on days and hours).

Clinton Preschool: 5858 Clinton St.
(Tue, Thu, Fri)

Marlborough Preschool: 6060A Marlborough Ave.

Gilpin Preschool: 5490 Eglinton St. *(Mon-Fri)*

For more information or to register contact Wana at 604-431-0400 or wanas@burnabynh.ca

Pre-school Daycamp

We offer an exciting program from July 4-Aug 12, 2016 for preschoolers 4- 5 years old who will be going to Kindergarten in September 2016

Participants will take part in a variety of activities every week such as: sports, arts & crafts, cooking & baking, science & thinking activities, out trips...

AND HAVING FUN!!!

For more information visit www.burnabynh.ca

Foundations in Leadership

This level of Leadership is for Grade 8-9's. Youth who are transitioning into grade 8 in this current year are welcome to join us Summer 2016.

During each workshop you get the opportunity to work in groups, have interactive discussions and participate in activities that build your skills. Youth are also invited to participate in numerous volunteering opportunities.

Cost: \$20. However subsidies are provided for youth who can not pay.

For more information please contact our Youth Staff: youth@burnabynh.ca or 604-431-0400

Neighbourhood Outreach

Family Outreach workers are available to support parents with young children (under 5) who need help meeting other parents and making community connections to local family resource programs. Call 604-431-0400 and ask for:

Margaret (North Burnaby)

Maggie (South Burnaby)

Community Kitchens

(Starting in September)

We come together and cook low-cost, healthy meals to take home. Participants contribute \$5 per week.

Tue and Wed 10:30am-1:00pm. For more information, please call Lynn at 604-431-0400.

Seniors Together Program

A senior led group that focuses on welcoming and involving seniors in a variety of different activities.

Wednesdays from 12:00-3:00pm

Activities: *Games, conversation, etc.*

Beginners ESL: 1:00-3:00pm.

Fridays from 9:30am-1:00pm.

Beginners ESL: 9:30-11am.

Activities: *Info sessions/guest speakers.*

Light lunch: 10:30am-1:00pm

For more information contact Elizabeth at 604-431-0400, or seniors@burnabynh.ca

Seniors Outreach Ambassadors

Seniors Outreach support is offered to help seniors to make valuable and enduring community connections to citywide resource programs/services. Trained volunteer outreach ambassadors assist in supporting vulnerable, low-income, at-risk isolated seniors to build relationships in their neighbourhoods and live healthy and fulfilled lives. Outreach Ambassadors also seek to raise awareness of the issues affecting isolated seniors while working with them to determine and achieve their aspirations and needs. For more information contact Elizabeth at 604 431-0400, or email: seniorsoutreach@burnabynh.ca

Community Adult Literacy Program (CALP)

The CALP is a free program offered in Burnaby for English speaking adults who face challenges in their reading and writing skills.

Trained volunteer tutors support adults in their learning. For more information contact Rajeeta at 604-431-0400, or literacy@burnabynh.ca

Digital Cafe

With the help of volunteer instructors learn simple computer programs. Bring your own device or use ours. All levels of support is available. *Wed and Thu 3-5pm. In North House the Digital Café happens on Mon 10am-2pm*

Free Law Clinics

Provided to individuals who cannot access help from Legal Aid and who are low income and cannot afford a lawyer. Half hour appointments can be booked with a qualified volunteer lawyer who will provide step by step advice for dispute resolution.

Lawyers do not appear in court, but can assist clients in court preparation. *Tue 12:15pm - 2:15pm*

Call **604-878-7400** to book an appointment.

Provided in partnership with the Western Canada Society to Access Justice.



The

INCREDIBLE QUEST

North Burnaby

SUNDAY, JULY 10

Race for your local neighbourhood house!



WHAT IS IT?

The Incredible Quest is an adventure race to raise funds for the North Burnaby Neighbourhood House. This race will test the wits and stamina of participants.

HOW CAN YOU HELP?

Get a team of four together to join the fun. You and your team will explore all that North Burnaby has to offer. Beat your competitors to the checkpoints for prizes!

Drop by the North House at 4463 Hastings!

Email: events@burnabynh.ca

Call: 604-294-5444

www.burnabynh.ca

[@burnaby_nh](https://www.instagram.com/burnaby_nh) [@NorthBurnabyNH](https://twitter.com/NorthBurnabyNH)

Register your team at:
IQNorthBurnaby2016.eventbrite.com

Burnaby Neighbourhood House

Summer BBQS 6-8PM

July 6th - South House, 4460 Beresford Street

July 13th - Marlborough School, 6060 Marlborough Avenue

July 20th - Stride School, 704 Stride Avenue

July 27th - Douglas Road School, 4861 Canada Way

August 3 (Italian themed) - North Burnaby House, 4463 Hastings Street

August 10 (Street Party!) - South House, 4460 Beresford Street

Special Time 4-7:30pm

Facepainting
Balloon Animals
Music
FUN!

Contact Danny for details: 604-431-0400

Burnaby Neighbourhood House Raffle

Top Prize!

- One Night Stay at Fairmont Pacific Rim Hotel with a \$100 Gift Card to Willow Stream Spa (\$850 value) donated by Westbank/Icon
- Canadian Tire – South Burnaby - 4 Gift Card Prizes (\$500 - \$250 - \$150 & \$100)
- 2 Electric Toothbrushes from Marine Way Dental (\$250 & \$150 values)
- Electric Toothbrush from Smile Dental (\$250 value)
- Jamieson Vitamins Gift Basket (\$175 value)
- Cecil B Spa Hydra Facial Treatments (\$155 value)
- Vancity 2 Cash Card prizes (\$100 each)
- London Drugs Gift Basket (\$100 value)
- Mucho Burrito \$100 Gift Card
- \$100 TD Cash Card
- Cactus Club Gift Basket (\$100 value)
- \$50 Starbucks Gift Card Fruit from Kins Farm Market (\$50 value)
- Big & Tall \$50 Gift Card
- London Drugs 2 Gift Card Prizes (\$50 each)
- 3 White Spot Restaurant Gift Card Prizes (\$50 each)
- 4 Spray Tans from Solar Flare (\$50 value each)
- Cobs Bakery – 2 Pastries & Buns Prizes (\$40 value each)
- Barcelo's \$25 Gift Card
- Marble Slab \$25 Gift Card
- Healthfare 2 Gift Card Prizes (\$25 each)
- Daniadown Pillows (\$100 value)
- \$100 Gift Card Save On Foods
- Draw Date: Saturday, July 9, 2016 at 2pm (7280 Market Crossing, Burnaby)

All Raffle Proceeds for Burnaby Neighbourhood House